

# No-Fee Grief Support Resources for Bexar County

## List Compiled 7/2024

(All programs active at time of list compilation)

### **GriefShare (First Presbyterian Church)**

*Offerings Include: Seminars and grief support groups (ongoing)*

404 N Alamo St, San Antonio, TX, 78205

Web: <https://www.griefshare.org/findagroup>

Phone: (210) 271-2760

### **Heart 2 Heart (First Baptist Church of San Antonio)**

*Offerings Include: Seminars and grief support groups (ongoing)*

515 McCullough Ave, San Antonio, TX, 78215

Web: <https://fbcsa.org/heart2heart>

Phone: (210) 226-0363

### **Children's Bereavement Center of South Texas (CBCST)**

*Offerings include: Individual counseling, group counseling, and agrief camps offered four times a year*

205 W Olmos Dr, San Antonio, TX, 78212 , D1

Web: <https://cbcst.org/>

Phone: (210) 736-4847

### **Care and Support (Alamo Heights United Methodist Church)**

*Offerings include: a men's grief support group and a women's grief support group, both for individuals age 65 and older*

825 E Basse Rd, San Antonio, TX, 78209

Web: <https://ahumc.org/care/>

Phone: (210) 826-3215

### **Survivor Outreach Services (Army Community Service)**

*Offerings include: grief counseling, financial counseling, benefits coordination, and support groups*

2797 Stanley Rd, San Antonio, TX, 78234

Web: <https://www.armymwr.com/programs-and-services/personal-assistance>

Phone: (210) 221-2418

**Life After Loss Grief Support Group (Abode Contemplative Care for the Dying)**

*Offerings include: 8 week grief support group (contact for next start date)*

8619 Post Oak Lane, San Antonio, TX, 78217

Web: <https://abodehome.org/grief-recovery-support-group-with-jacqui-matthews/>

Phone: (210) 967-9891

**Grief Support Class for Younger Women (Porter Loring Mortuaries)**

Offerings include: 8 week grief support class for women middle-aged and younger who lost their husbands earlier in life.

2119 Mannix Dr, San Antonio, TX, 78217 , D10

Web: <https://www.porterloring.com/resources/grief-support>

Phone: (210) 227-8221